

President's Message

Laurel Daniels Abbruzzese, PT, EdD

CSM Update

The 2021 Combined Sections Meeting, held virtually for the first time, offered access to high-quality continuing education courses and research through a combination of on-demand recordings and synchronous Zoom presentations and discussions. Thank you to our VP, Rosie Cazinares, for securing such great content each year. We want to thank Stephanie Jones Greenspan, PT, DPT; Luc Fecteau, PT, DPT; Dawn Muci, PT, DPT, ATC; and Evert Verhagen, PhD, for their educational session, "From the Clinic to the Big Top: Interprofessional Management of the Circus Artist!" We co-sponsored a post-conference course with the Imaging SIG, "Next Level Clinical Reasoning: Integration of Diagnostic Ultrasound into Physical Therapy Practice" featuring Mohini Rawat, PT, DPT, MS; Jon A. Umlauf, PT, DPT, DSc; and Colin Thomas Rigney, PT, DPT. We hope to schedule the lab component of the course with performing arts applications when we can gather again in person.

In addition to our business meeting, the PASIG also organized a March Q&A session with the PASIG poster presenters. Thank you to all who presented performing arts research this year.

Abigail Skallerud, Aaron Brumbaugh, Tiffany B. Parker, Stephanie Fudalla, Marie-Eve S. Pepin. "Comparing Functional Lumbar Lordosis in Collegiate Dancers with and without Low Back Pain"

Hilary Busick, Allison Marie Ventola, Aimee Fries, Margaret Adeline Bryant, Shilamit Mikhaylov, Joanna Raine Binney, Jessica Boyle, Zoe Tawa, Kynaston Schultz, Laurel Daniels Abbruzzese. "Compensated Turnout Can Predict Injuries in Adolescent Dancers: A Prospective Pilot Study"

Pamela Mikkelsen, David Ortiz, Hai-Jung Steffi Shih, Amanda Christine Yamaguchi, Kornelia Kulig. "Dancers Alter Ground Reaction Force Profiles to Maintain Impulse with Perceived Exertion during Dance-Style Hopping"

Deah McRae, Erin Ogden, Alexander Nathaniel Durland, Chia-Cheng Lin. "Using Computerized Balance Error Scoring System as Baseline Concussion Testing in Collegiate Dance Majors"

Patricia Cavaleri. "Nonsurgical Management of a Pre-Professional Contemporary Dancer with Hypermobile Ehlers-Danlos Syndrome Following Recurrent Shoulder Dislocations"

Sonali Sethi, Rosalinda Cacha Canizares, Bradley James Myers. "Severity and Impact of Injuries in Competitive Bhangra Dancers"

Jessica M. Smith, T Kevin Robinson. "A Kinematic Analysis of a Series of Jumps in Professional Ballet Dancers"

Brooke Renee Winder, Kari Marie Lindegren, Amanda M. Blackmon. "Prevalence of Urinary Incontinence in Female Professional Dancers"

Hanz Tao, Michelle Marie Reilly, Avery Beth Allen, Allison Nichole Deering, Stephanie Prinsen. "Reliability Analysis of a Modified, Ballet-Specific Balance Error Scoring System for High School Dancers"

T Kevin Robinson, Jessica M. Smith, Justin Brothers, Amy Henson, Tyler Brazelton, Tammy Joe, Ashley Karadeema, Pat Sells, DA, Natalie Norman Michaels. "A Kinematic Analysis of Non-Injured and Injured Professional Ballet Dancers Performing Fundamental Dance Tasks"

Ashley Lea, Laura Ann Guy, Carley Alexandra McQuain, Tyler Wade Ray, Mikela Nylander-French, Corey B. Simon, Rosalinda Cacha Canizares, "Treatment and Rehabilitation of Os Trigonum Syndrome: A Systematic Review"

PASIG CSM Scholarship Winners

This year the entry level DPT PASIG scholarship winner was Abigail Skallerud and our Performing Arts fellowship scholarship winner was Patricia Cavaleri. Abigail graduated from Wayne State University Department of Physical Therapy with the Class of 2020. Patty is a graduate of Columbia University Programs in Physical Therapy. She just completed the NYU Langone Harkness Center for Dance Injuries - Performing Arts Physical Therapy Fellowship.

Photos of our scholarship winners:



PASIG Entry Level DPT Scholarship
The entry level DPT scholarship winner is Abigail Skallerud, SPT

with Aaron Brumbaugh, SPT; Stephanie Fudalla, SPT; Tiffany Parker, SPT; and mentors, Dr. Marie-Eve Pepin and Dr. Kristen Robertson

Abstract Title: "Comparing Functional Lumbar Lordosis in Collegiate Dancers With and Without Low Back Pain"

Wayne State University Department of Physical Therapy, Class of 2020



PASIG Fellowship Scholarship

The fellowship scholarship winner is Patricia Cavaleri, PT, DPT

Abstract Title: "Nonsurgical Management of a Pre-Professional Contemporary Dancer with Hypermobile Ehlers-Danlos Syndrome Follow-

ing Recurrent Shoulder Dislocations"

NYU Langone Harkness Center for Dance Injuries - Performing Arts Physical Therapy Fellowship

Performing Arts Fellowship Update

We are excited to announce that both the Johns Hopkins Hospital Performing Arts Fellowship and the NYU Langone-Harkness Center for Dance Injuries Performing Arts Fellowship were accredited by ABPTRFE in the fall of 2020! Congratulations on this well-deserved achievement. Physical therapists with an OCS, SCS, or completion of an orthopedic residency may choose from 1 of 4 performing arts fellowship programs for advanced training and specialization in performing arts. If you have questions about starting a performing arts fellowship program, contact our Chair, Tiffani Marruli at tiffany.marulli@osumc.edu. For specific program questions, contact the program directors.

Columbia University Irving Medical Center and West Side Dance Performing Arts Fellowship

- Program Director: Laurel Daniels Abbruzzese la110@ cumc.columbia.edu
- https://www.ps.columbia.edu/education/academicprograms/programs-physical-therapy/performing-artsfellowship

NYU Langone-Harkness Center for Dance Injuries Performing Arts Fellowship

- Program Director: Angela Stolfi harkness@nyulangone. org
- https://med.nyu.edu/departments-institutes/ orthopedic-surgery/specialty-programs/harknesscenter-dance-injuries/education/professional-development-students-healthcare-practitioners/academicobservation-fellowship

The Johns Hopkins Hospital Performing Arts Fellowship

- Program Director: Andrea Lasner danceFIT@jhmi.edu
- https://www.hopkinsmedicine.org/physical_medicine_ rehabilitation/education_training/therapy-residency/ physical-therapy/performing-arts-pt-fellowship.html

• The Ohio State University Wexner Medical Center Performing Arts Fellowship

- Program Director: Tiffany Marulli tiffany.marulli@osumc.edu
- https://hrs.osu.edu/academics/graduate-programs/ clinical-doctorate-in-physical-therapy/residencies-andfellowships/performing-arts

Officer Transitions

We welcome newly elected Kimberly Veirs to the PASIG leadership team. Kim will join Pamela Mikkelsen, and Duanne Scotti (Chair) on our Nominating Committee. We want to thank Marissa Hentis for her 3-year term on the Nominating Committee. She will be transitioning to the role of Performing Arts/Dancer Screening Chair. We also want to thank Mandy Blackmon, who has served the PASIG for many years in this role. A full list of PASIG leaders is on our website: https://www.orthopt.org/content/special-interest-groups/performing-arts/pasig-officer-listing

Strategic Planning

The PASIG will be working on the following goals for 2021 that are part of the larger AOPT 3-year Strategic Framework.

 Update all of the educational resources on the PASIG Website and rebrand at least 80% of the documents with our new diverse logo by June 2021.

- 2. Publish 2-3 success stories featuring PASIG clinicians by December 31, 2021.
- 3. Create 2-3 educational topic presentations (10-20 minutes in length) added to membership meetings by June 30, 2021.
- Create 1-2 podcasts for programs and faculty by June 30, 2021
- 5. Create 1-2 micro learning products for the Learning Management System by December 31, 2021.
- Create 2-3 YouTube videos on the professional roles of performing arts physical therapists by September 30, 2021
- 7. Create, disseminate, and summarize a Survey to programs about mentorship by June 30, 2021.
- 8. Create and publish ABPTRFE 8-12 "Q & A's" document as a resource for Fellowship program education and support by March 30, 2021.

In addition to these goals, the AOPT Board has approved our proposal for an Independent Study Course focused on Circus Arts. The PASIG has committed funds to support this project, with an anticipated publication date in the summer of 2022.

If you would like to join a committee to help us meet these goals, do not hesitate to reach out. Contact the PASIG President: labbruzzese@orthopt.org.

You can also reach out to share your success stories. We are particularly interested in highlighting the diversity within our SIG. We want to hear from therapists of all ages and backgrounds, representing the full array of the artists that we treat. Contact PR Chair: dawnd76@hotmail.com

Research Citation Blasts

The Research Committee continues to serve our membership by producing <u>Citation Blasts</u> on a diverse array of topics that are sent directly to members and posted to the web. We can always use more authors. If interested, please contact our Research Committee Chair, Mark Romanick at mark.romanick@und.edu. Thank you to the following authors for your contributions this winter:

January

Diagnosis and Management of Sacroiliac Joint Disorders *Chloe Terrell, SPT*

Michelle Dolphin, PT, DPT, OCS

February

Microinstability of the Hip in Performing Artists – A New look at an old problem

Sarah Kate Peterson, PT, DPT, SCS

Communications Committee Update - Dawn Muci

The Communications Committee, led by Dawn Muci, continues to keep our members connected through the AOPT social media accounts. Be sure to follow Twitter handle: @OrthopedicAPTA, Instagram handle: @APTA_Orthopaedic, and Facebook: @PT4Performers.

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